

MENTAL HEALTH TECHNICIAN

SUMMARY

The position provides medically necessary mental health treatment services to children and adolescents experiencing social, emotional, behavioral, and psychiatric problems. The position provides direct client supervision to those clients with chronic or acute mental disorders who require active treatment by performing the following duties:

ESSENTIAL DUTIES AND RESPONSIBILITIES include the following.

Evaluates clients' behavioral and emotional issues.

Provides individual, family, and group counseling under the direction of a clinical supervisor as required and in accordance with client's individualized treatment plan.

Conducts psychoeducational assessments under the direction of a clinical supervisor.

Makes observations and documents client treatment interventions, behavior, and progress.

Provides direct supervision of clients and interacts therapeutically.

Interacts with educational team as appropriate to ensure educational placement.

Interprets treatment objectives for other treatment staff members and assists with providing integrated services.

Participates in treatment team conferences regarding clients' behavior, diagnosis, and progress; participates in treatment planning conferences and aftercare planning for assigned clients.

Develops and updates individualized client treatment plans.

Participates in data collection and monitoring and evaluation activities for the program/facility performance improvement program.

Develops and maintains a current list of resources, including self-help/support groups to ensure comprehensive services to the clients and their families.

Adheres to departmental policies and procedures to ensure regulatory compliance with current departmental practices and meet guidelines as outlined by outside referral and licensing agencies.

Ensures compliance with federal, state, local licensing, and reporting requirements.

Identifies and pursues in-service and continuing educational needs, suggests general training needs for the program and submits requests/suggestions for training to appropriate supervisory and administrative staff members.

Attend staff meetings and conferences.

Supports the Cornell Abraxas' philosophy and mission and promotes the Seven Key Principles of care.

Performs other duties as required.

SUPERVISORY RESPONSIBILITIES

The position has no supervisory responsibilities.

COMPETENCIES

Qualifications

To perform this job successfully, an individual must be able to perform each essential duty satisfactorily. The requirements listed below are representative of the knowledge, skill, and/or ability required. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

MENTAL HEALTH TECHNICIAN (CONTINUED)

Education and/or Experience

BA/BS in human services related field and minimum 12 months related experience working with children and adolescents with mental health problems and their families including assessment and counseling experience.

Language Skills

Ability to read and comprehend simple instructions, short correspondence, and memos. Ability to write simple correspondence. Ability to effectively present information in one-on-one and small group situations to customers, clients, and other employees of the organization.

Mathematical Skills

Ability to apply basic math skills concepts such as addition, subtraction, multiplication, and division.

Reasoning Ability

Ability to apply common sense understanding to carry out detailed but uninvolved written or oral instructions. Ability to deal with problems involving a few concrete variables in standardized situations.

Computer Skills

Word processing and email

Certificates, Licenses, Registrations

Other Skills and Abilities

Other Qualifications

At least twenty-one (21) years of age

Criminal clearances (Act 33 and 34 clearances, specific State and child clearances and if necessary FBI)

Non-communicable diseases physical exam

Valid driver's license

Valid registered vehicle insurance

Preferred Knowledge Skills and Abilities:

Theoretical training in treating children, adolescents, and families.

Must have the ability to exercise good judgment and discretion when dealing with other staff members, consultants, teachers, parents, clients and visitors.

Physical Demands The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

While performing the duties of this job, the employee is required to talk or hear. The employee is regularly required to stand, walk, sit, use hand to finger, handle or feel objects, tools, or controls; and reach with hands and arms. Specific vision abilities required by this job include close vision and the ability to adjust focus.

The employee is occasionally required to reach with hands and arms and use legs to lift/move no more than 50 lbs.

Ability to participate in and supervise therapeutic recreation activities structured for children and adolescents.

May be required to intervene with and/or physically manage aggressive clients as trained by safe crisis management.

MENTAL HEALTH TECHNICIAN (CONTINUED)

Work Environment The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions.

The staff must work both alone and closely with others and may be subject to verbal and/or physical confrontation initiated by the clients.

While performing the duties of the job, the staff is occasionally exposed to outside weather.

The noise level in the work place is usually moderate.